

Trumpeter

January 2011

Church of the Holy Spirit

www.churchholyspirit.org

CHS Annual Meeting

Sunday, January 23 after 10 a.m. Service

All church members are encouraged to attend the CHS Annual Meeting. The 2011 budget will be presented, Vestry reports on our life in Christ will be summarized, and Vestry members and delegates to the Diocesan convention will be elected. Join us for fellowship and to see where the Lord is leading us this year.

Inside this issue:

From the Rector's Desk	2
Deacon's Corner	3
A Message From Fanta	3
Shawl Ministry	3
Shawl Ministry Raffle	3
From the Senior Warden	4
Outreach Programs at CHS	4
January Calendar	5
Confirmation Class	6
Giving Envelopes	6
Women's Retreat	6
Family Fun Night	6
Christian Formation	7
Vestry/Staff	9
December Breakfast	9
Pulse of the Parish	10

Help Light Up the Parish Hall

at January 22 Festival of Lights

Chase away the winter blues while helping to light up our Parish Hall. Attend the Festival of Lights Winter Night's Gathering on Saturday, January 22nd in our Parish Hall. It's an opportunity to share a meal with friends, view a great family movie, and learn about plans for our Parish Hall Renovation Project and how you can help add chandeliers to our hall.

Due to the success of our past Lenten Soup Dinners, we're going to repeat the menu and ask you to bring a pot of your favorite soup, salad or bread. Parents of youngsters can bring your favorite macaroni and cheese dish. Also, if you'd like to freeze some of those Christmas cookies to go with hot chocolate and adult beverages, Great! If you don't care to cook and would rather bring wine, that's fine too. We're getting out the popcorn machine for the movie, too. More details and sign up-sheets to follow. Contact Sharon Tripodi or Cecilie Bulcha for more information.

Church FAQs: Making the Sign of the Cross

Just as singing, chanting and liturgical dance are forms of prayers, **making the sign of the Cross over one's torso**, **is also a form of prayer**. The exact origin and theology of making this gesture are lost in the centuries although many theologians and religious leaders have given multiple and varied interpretations of this practice. Just as the worship service has changed (the last change was made in 1979 and is still in use today though there is ongoing consideration for changes), the form and use of the sign of the cross by believers has changed since the days of the early church.

Initially, the practice was to mark a "T" or "X" on the forehead using one finger, these letters being the first letter in Hebrew and Greek for God and Christ. Since this early practice, Christians moved to using two fingers—two representing the dual nature of Christ as man and God. Still later, the church started using three fingers, to some a representation of the Father, Son and Holy Spirit. With this change, Christians also enlarged the cross to be not just on the forehead but over the upper body. One interpretation of this is the life of Christ: His descent from Heaven to Earth (forehead to chest) and moving from the Jews to the Gentiles (right to left).

However the motion of making the sign of the cross is made, it is the individuals' spiritual response to the action that matters. It can be done as a small prayer before or after any of the activities one performs in the course of the day (upon awakening to another day; before or after prayers are said;

From the Rector's Desk

I know it's not very manly of me to admit, but one of my favorite movies/novels is *Sense and Sensibility*, populated with the likes of the Dashwood sisters, Colonel Brandon, and the brothers Ferrars. Jane Austen wrote of her contemporaries as if they could not stand outside their own social world and reflect upon how it is they lived and loved and whether such societal structures were just or



whether to be ignored or honored. That Austen was the daughter of a clergyman gives us a clue about her ability to write stories about people from different stations and in all circumstances. Yet most of her characters seemed locked into their roles and identities, acting obsequiously without a thought of rebellion from the norms of their day. We all like to think we are independent and free. It is our American heritage, we say proudly. But how free thinking are we really? The volume of opinion and "news" to which we are all exposed has done little to make the heart of our people wise and our learning sound. Yet none of us like to think we live like Austen characters, but do we live like them anyway? Of the many gifts given us in the religious life, it is the gift to question the reality in which we find ourselves that is a precious one. The Bible calls it discernment. It is the gift to look both higher and deeper, above the current moment and beneath and behind what it is we find ourselves involved. Jesus as exemplar teaches by pronouncement but more often his pedagogy is to leave the listener scratching their head. What did he mean by that?! Mustard seed? Wedding guests? Elder Son? My religion is an intellectual and emotional hair shirt that ought to confound our assumptions as much as it comforts our afflictions. That religion becomes a mirror for my prejudices is the worst possible perversion of its blessing. This is the favorite trick of the atheist, to take our failures as Christians as proofs of an alienated universe populated without purpose. Discernment is not a gift used to win an argument, however. It is a means to wonder; to wonder if what we are doing and being here and now is worthy and meaningful. Discernment is also the ground and starting place of courage. This is the courage to live apart from the societal norms which may feel right but bruise the soul and over time crush the spirit. Pray for a discerning year and a year of personal courage. We are not, after all, characters in a novel already written. We do have choices to make.

Philip +

Church FAQs

[Continued from page 1]

before meals; before driving off in your car; before laying your head to rest of the night). Crossing oneself is another physical attribute of worship—standing for hymns, kneeling for Confession, folding hands for prayer are others. For those worshippers coming from Anglo-Catholic and Roman traditions, the action is very natural. For those of us, myself included, coming from other Protestant denominations (or from low Episcopal practice which some may consider to be another Protestant tradition altogether), the action is unfamiliar or awkward. At the same time, seeing so many others crossing themselves holds more than a little intrigue, many envy, that we are somehow missing something in our worship practices. As the ad says, "Try it, you might like it."

For further reading on the subject, two books that deal with the Orthodox and the Roman perspective are: *The Sign of the Cross: The Gesture, the Mystery, the History* by Andreas Andreopoulos and *The Sign of the Cross: Recovering the Powers of the Ancient Prayer* by Bert Gheszzi.

Marge Keller

From the Deacon's Corner

Dear Ones,

Happy New Year! May this New Year bring you joy, peace, and fulfillment. May each new day bring you closer and closer to our Triune God.

In October of last year, there was a Clergy Conference where the Bishop of Atlanta, Neil Alexander, spoke about church communities and the feeling you receive as you enter the church. Is this church community alive or dead? Well, I can honestly testify that our church is alive and well, and serving others in Christ's name at every opportunity. Believe it!!!

Within this last month, three individuals approached me and asked to be involved in some of the ministries of the church: the Shawl Ministry, the Edna Mahan Prayer Ministry, and the Lay Eucharistic Visitor Ministry. Impressive to be sure!!!

One Monday evening, there were five different activities going on in the church simultaneously. There were the Culinary Angels cooking for IHN, the Blues Band practicing, the Knit and Chat group crocheting and knitting, the Finance committee meeting, and an AA group meeting.

So at this new year unfolds, let us strive to be open and available to the guidance of the Holy Spirit. We might be surprised as to how we will be used!!!!

I faithfully remain, Your Deacon,

Johnine

A message from Fanta

Dear Holy Spirit family,

I thank all the women for making my birthday so special. It was a complete surprise to me. I just felt overwhelmed being in the midst of such powerful women celebrating my birthday. It meant the world to me. I felt really special. Thank you for all the wonderful gifts, which I will use during the next several months. Thank you for the dinner, the cake, the wine and all the trimmings. It was a fabulous evening.

I cannot thank you enough for all the gifts that are around our house. We have never had such a Christmas before. There are a lots and lots of gifts, more than I can imagine. Every day I wake up and I thank God for the people at the Church of the Holy Spirit. You give so much of your time and love; it means everything to me. I pray that God will continue to bless each and everyone of you and your family at this holy time. Merry Christmas and the Happiest of New Years.

Love,

Fanta, Loosenie, Bintou, Blessing and Caroline

Shawl Ministry

Bishop George Councell will visit the women in Maximum Security on Tuesday, January 25th from 1 until 3 p.m. I know that the women feel especially blessed when they are visited by such a wonderful presence as our Bishop.



Ten shawls were given to the residents of the Country Arch Care Center in Pittstown on December 21st. Four shawls were given to Deacon Joanna George at St. John's in Somerville to be distributed to individuals with certain intentions. The complete tally of the number of shawls will be documented in the next newsletter. We are approaching 215 shawls at this time.

Shawl Ministry Raffle

Congratulations to Sharon Tripodi whose name was drawn for the winning of the hand made holiday blanket. The proceeds of this raffle for the Shawl Ministry was \$322. Thank you to all who contributed to this most worthwhile ministry.

Thank you.

Johnine

WORDS FROM OUR SENIOR WARDEN

As I sit here trying to think of something inspiring to write about, the past year keeps popping into my head. So, instead of fighting those thoughts, I'll tell you what the year has been like for me. It's been a tremendous blessing. I've had the opportunity to work with a vestry whose members are real thinkers and doers. When they've been asked to stretch, they have. I can't thank them enough for all they have done.



I've become more comfortable at CHS, which is hard to believe, because I was pretty cozy here before. Over the past year, I met some people I didn't know before and got to know others better. I've participated in activities that only a Senior Warden will have the opportunity to experience. And in thinking about all this, I have all of you to thank.

You've made the past year an experience I will cherish. Thank you so much for giving me the opportunity to serve as Senior Warden. As Sally Bird gets ready to take over, I know you will do the same for her.

Liz Cannizzaro Senior Warden

Outreach Programs at CHS

To know Christ as we serve others

Food Pantry: The Food Pantry Express has been so wonderfully filled up of late thanks to the generosity and caring of so many of you. Let's all try to remember the needs of others everyday, in every way. Canned goods sales are coming soon to local grocery stores. Let's keep that wagon filled.

Culinary Angels: Culinary Angels continue to prepare and package meals for IHN. If you would like to help with this ministry, the group will be meeting on January 3rd and 17th at 6 p.m. in the parish kitchen. Contributions of prepared meals (entrees, vegetables, casseroles, desserts) sufficient to feed 8-12 people should be brought to the kitchen on the above dates or can be left in the large kitchen refrigerator, clearly marked as to the content, on the Sunday or early Monday morning. The group shares fellowship while feeding those trying to become self-sufficient.

Shawl Ministry: To knit or not to knit but to crochet, that is the question. Don't do either? That's OK. You can still help with this divinely inspired and inspirational ministry by a contribution of yarn or monetary donation. There are many hands at work at Edna Mahan and they are going through yarn at quite a clip (over 200 shawls for the year). The knitters/crochetters request donations of worsted weight yarn (check the label to see of this term is printed on it) and three skeins (packs) of the same color lot (usually listed on the back of the label) make a shawl. Yarn should be made of acrylic, nylon or other synthetic fiber—no wool please. Leave your donation by Deacon Johnine's desk. Also, the group needs money donations to cover costs of ribbon and shipping.

Women Making It Happen: At the December meeting, we had a surprise birthday party for Fanta of our adopted family. She received many lovely gifts and enjoyed a delicious meal hosted by Terry Williams in her home. Fanta thanked all of us profusely and shared how blessed she feels to have found a new family at Holy Spirit. She said that if she had known of the support and caring we had to offer, she would have left her old life sooner. She knows it was through God that she landed where she did. The January meeting will be Saturday the 15th at 9 a.m. for breakfast. We are working on the details so watch for more information.

Good Friday Day of Service: Mark your calendar for this annual event—Friday, April 22nd. If you don't volunteer for any other Outreach ministry, make sure you sign up for this one. In contemporary parlance, it is the BOMB of all Outreach programs. You'll see more details as the date approaches but you can count on this being the most tiring yet fulfilling day of your life in Christ.



January 2011



Church of the Holy Spirit Monthly Planner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 NEW YEAR'S DAY
2 8&10am Holy Eucharist 9:05am Sunday School 9:30&11:40am Choir	3 1-3pm Shawl Ministry at Edna Mahan 6pm IHN Food Prep Rehearsal 7pm Knit and Chat 7pm Blues Band Rehearsal	4 6am Bible Study @Spinning Wheel 1pm Shawl Ministry at Edna Mahan Prison	5 12 noon Eucharist 6:45pm Jr. Choir Party	6 7:30pm Auction Committee Meeting	7 Father Philip's Sabbath	8
Annual Reports Due Breakfast between servcs Got Change Collection 8&10am Holy Eucharist 9:05am Sunday School 9:30&11:40am Choir	10 1-3pm Shawl Ministry at Edna Mahan Prison 7pm Knit and Chat 7pm Blues Band Rehearsal	11 6am Bible Study @Spinning Wheel 1pm Shawl Ministry at Edna Mahan Prison 7:30pm Vestry Meeting	12 12 noon Eucharist 6pm Prayer Srvc At Edna Mahan Mln	13	14 Father Philip's Sabbath TRUMPETER DEADLINE	9am Women Making it Happen
16 8&10am Holy Eucharist 9:05am Sunday School 9:05am Adult & Teen Forum 9:30&11:40am Choir	17 MARTIN LUTHER KING JR DAY 1-3pm Shawl Ministry at Edna Mahan Prison 6pm IHN Food Prep 6:30pm Prayer Srvc at Edna Mahan Max 7pm Knit and Chat 7pm Blues Band Rehearsal	18 6am Bible Study @Spinning Wheel 1pm Shawl Ministry at Edna Mahan Prison 7:30pm Trinity Chorale	19 12 noon Eucharist 6:45pm Jr. Choir Rehearsal	20	21 Father Philip's Sabbath	22 Festival of Lights
23 ANNUAL MEETING After 10am service 8&10am Holy Eucharist 9:05am Sunday School 9:05am Adult & Teen Forum 9:30&11:40am Choir	24 1-3pm Shawl Ministry at Edna Mahan Prison 7pm Knit and Chat 7pm Blues Band Rehearsal	25 6am Bible Study @Spinning Wheel 1pm Shawl Ministry at Edna Mahan Prison 7:30pm Trinity Chorale	26 12 noon Eucharist 6:45pm Jr. Choir Rehearsal	27	28 Vestry Re	29
30 8&10am Holy Eucharist 9:05am Sunday School 9:30&11:40am Choir	31 1-3pm Shawl Ministry at Edna Mahan Prison 7pm Knit and Chat 7pm Blues Band Rehearsal					

IMPORTANT DATES TO REMEMBER....

Feb 5 - Christian Formation Progarm Feb 19 - Family Fun Night

May 14 - Confirmation

AA Meetings are held at Church of the Holy Spirit on the following days/evenings:

- Men Mondays 7:30 p.m. Saturdays 8:00 a.m.
- Women Thursdays 7 p.m.
- Men & Women Saturdays 9 a.m.

Page 6 Trumpeter January 2011



Confirmation Class

The Confirmation date has been chosen, May 14th at St. John's Episcopal Church on West High Street in Somerville. The time of the service has not been determined yet.

The Confirmation class will be a Port Watch experience at the Seamen's Church Institute at Port Elizabeth where all the container ships come in to load and unload. It will be an overnight experience that will take place on Friday, April 1 until sometime on Saturday, April 2. More details will follow.

Giving Envelopes Now Available

2011 giving envelopes are now available for pickup. Any pledge or giving questions can be directed to Linda West by phone at 908-534-6963 or by e-mail at lindal.west@comcast.net

Women's Retreat

Twelve women came together for some precious moments on a Friday and Saturday in December, less than 24 hours really and learned about our Blessed Mary, the Mother of Jesus. The time was energizing and refreshing. We would like to gather input as to when we will have another Women's Retreat... the spring or the fall. Please discuss this and share your thoughts with Deacon Johnine.



Come join the fun!

"Family Fun Night" at Church of the Holy Spirit!

Ages 0-100 welcome!

The fun starts at 6 p.m. on Saturday, February 19.

Bring your favorite family friendly meal to share and a board game.

Invite your grandmother and grandfather, friends and neighbors!

If you're not into board games, then come enjoy popcorn and a movie in the Sanctuary starting at 7 p.m.—wear your P.J's and bring a pillow!



For more information, e-mail jshal7@aol.com



CHRISTIAN FORMATION

"Let the wise listen and add to their learning, and let the discerning get guidance" Proverbs 1:4-6

Sunday School Update

A Happy and prosperous New Year to everyone!

On January 2, there will be Sunday School.

The season of Epiphany begins January 9. Epiphany is a celebration of the Christ child and the visitation of the Magi. A wonderful, old church custom for families, and especially children, is to bless your home and all who live, work or visit within. "In this way, we invite Jesus to be a "guest" in our home, a listener to each conversation, a guide for troubled times, and a blessing in times of thanksgiving." The family comes together, usually at the front door or main entrance to the home and chalk is used to write religious symbols on the lintel to "mark" the occasion. In the Old Testament the Israelites were told to mark their doors with the blood of the lamb on the night of the Passover to ensure that the angel of death would pass them by. Deuteronomy 6: 9 says that we shall "write [the words of God] on your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house ... and you shall write them on the door posts of your house and on your gates." A simple Epiphany house blessing to use with your children follows. You will need a piece of chalk to write on the top door sill. Consider letting one or more of your children read the Leader portions of the blessing.

An Epiphany House Blessing

Leader: The Lord be with you.

Response: And also with you.

Leader: Arise, shine, for your light has come and the Glory of the Lord shall be revealed.

Response: And all flesh shall see it together, for the mouth of the Lord has spoken it.

Leader: Let us pray.

Visit, O blessed Lord, this home with the gladness of your presence. Bless all who live here with the gift of your love; and grant that we may manifest your love to each other and to all whose lives we touch. May we grow in grace and in the knowledge and love of you; guide, comfort, and strengthen us in peace, O Jesus Christ, now and for ever. Amen.

At this time you use chalk to draw the symbols and date on the door or door step:



2011



(The Chi Rho is a symbol of Jesus. It is the Greek letter Chi on top of the letter Rho.)

Leader: May God the Father, who by Baptism adopts us as his children, grant us grace.

May God the Son, who sanctified a home at Nazareth, fill us with love.

May God the Holy Spirit, who has made the Church one family, keep us in peace.

Response: Amen!

Reference used: The Rev. Anne O. Weatherholt, Rector, St. Mark's Episcopal Church, Boonsboro,

MD



CHRISTIAN FORMATION

"Let the wise listen and add to their learning, and let the discerning get guidance" Proverbs 1:4-6

Adult Forum

There are no formal plans for Adult Forum in January while Anne continues working on healing. All adults are welcome to join the Teen Forum on the 16th & 23rd.

Adult & Teen Formation Program

On February 5th we will be hosting a **new Christian Formation program at Holy Spirit.** In recognition of the "busyness" of our lives, we have been working on new ways to offer Christian Formation opportunities to everyone. A series of "classes" that meet weekly, whether at night, during the day, or on weekends, are difficult for people to make. Often, if a class or two is missed, we can feel lost when returning to the study. **Our lifelong formation is so very important, but it tends to take a back seat to the everyday needs of our lives.**

On February 5th, we are offering a class compressed into one, four hour block in a seminar format. So, instead of six to eight weekly meetings, we'll complete a study in half of a day. We have arranged for Dr. Michael J. Christensen, the Director of the Shalom Initiative for Prophetic Leadership and Community Development at Drew University and Affiliate Associate Professor of Spirituality and Religious Studies at Drew University to lead the program.

The details of the day follow:

Date: Saturday, February 5th

Time: 8:30 – 9 a.m. Continental breakfast and gathering

9 – 11:30 a.m. Seminar (with a break)

11:30 a.m. – 12:15 p.m. Lunch (combo of donations and church provided)

12:15 – 1:45 p.m. Seminar

Cost: Nothing!

Babysitting: Provided

Ages: High School teens through adult

Please prayerfully consider if this formation opportunity would be good for you. If you have any questions, or have special circumstances, please contact Wendy Hallstrom. Our goal is to make this an enjoyable, rewarding, and stress-free way to grow in Christ.

Please RSVP to whallstrom@comcast.net with the number of teens and adults attending and the number and ages of children needing babysitting. This will allow us to purchase the appropriate supplies and food (so important!). Volunteers are needed to provide babysitting. Please contact whallstrom@comcast.net if you are available. Age appropriate crafts and activities will be provided for the children.

VESTRY & STAFF – 2011

Vestry:	Rector Senior Warden Junior Warden Finance Stewardship Fundraising Parish Growth Communications Community Events Property Christian Formation Pastoral Care Outreach	Philip Carr-Jones Liz Cannizzaro Sally Bird Sally Bird TBD Audrey Imhoff Joanne Shallo Cecilie Bulcha Anita Zinevich John Higgins Wendy Hallstrom Judy Emmitt Marge Keller	236-6301 782-9875 735-0094 735-0094 284-2523 328-2374 236-2612 627-2876 638-5645 713-1191 236-2156 713-0724	philip@churchholyspirit.org jemcan1@comcast.net sallybird@comcast.net sallybird@comcast.net audrey_imhoff@comcast.net jshal7@ aol.com cecilie_bulcha@hotmail.com zinnia236@comcast.net higginsj24@comcast.net whallstrom@comcast.net judyemmitt@yahoo.com mkeller@mscnj.com
Staff:	Administrative Assistant Deacon Director of Music Sunday Sexton	Linda Romanoski Johnine Byrer Chris Williams Joanne Shallo	236-6301 333-5000 399-4170 238-0178 328-2374	admin@churchholyspirit.org deaconjb@gmail.com (cell) music@churchholyspirit.org jshal7@ aol.com
	Cleaning Service	A-Plus Cleaning and Maintenance Systems, Inc		

Volunteer Staff:

Acolyte Master Altar Guild Directress Christian Service Coordinator CHS News Editor Coffee Hour Daughters of the King Director of Christian Education Memorial Garden Missioner to Christ Church	Jeff Decker Sue Landgraf Johnine Byrer Carol Montgomery Anita Zinevich Wendy Hallstrom Wendy Hallstrom TBD TBD	713-9273 638-4341 968-0879 713-0357 627-2876 713-1191 713-1191	jadecker@ptd.net landgraf5@yahoo.com deaconjb@gmail.com Montgomery_737@yahoo.com zinnia236@comcast.net whallstrom@comcast.net whallstrom@comcast.net
Pledge Clerk Pianist/Organist (8 am) Prayer Chain Treasurer "Trumpeter" Technical Editor Usher Captain (8 am)	Linda West Greta Tump Barbara Burton Debby Canty Shari Lynn Carol Crawford-Jones John Tevebaugh Jane Roxbury David Dabour Jeff Decker Andra Taylor Chris Guns Justin Marinelli	534-6963 236-2094 236-6980 236-2776 735-4518 735-4510 832-9785 534-6146 995-7114 713-9273 735-4776 635-1674 310-5416	lindal.west@comcast.net gretatump@yahoo.com barbandsandy@embarqmail.com dcanty@northbridge.net shari4374@aol.com carolcj@prolog.net jteve1@comcast.net jroxbury@pingry.org dabour@gmail.com jadecker@ptd.net andrat0413@gmail.com amy.f.guns@embarqmail.com jpbmarin@embarqmail.com

Team serves a tasty breakfast to kick off December



Fried eggs over light! Yes! Thanks to the skill of Kevin Hallstrom at the griddle, we had the choice of fried or scrambled eggs at our December 5 breakfast. The team of Kevin and Wendy Hallstrom, Gil and Jo Quinton, Angelo and Debbie Sigisimondo, and Jean Wallace prepared a delightful feast, not only featuring the eggs, fresh fruit, and baked French Toast, but the famous, delectable, outrageously good Quinton homemade sausage. Thank you all who made a generous donation to our CHS fund.

PULSE OF THE PARISH

We welcome into the household of God the following members of the Kumar Family--Jay Connell (father) and children Connell James (son) and Lily Anne (daughter) who were "sealed by the Holy Spirit in Baptism and marked as Christ's own forever" on the Fourth Sunday of Advent, December 19, 2010.

Continued prayers for healing for our parishioners and friends who continue to regain their strength and good health as we enter into the New Year: Judy Emmitt, Anne Gabrielle, Lynn Jones, Kiki Mehner, Joe Pinto, Nancy Schaufele, Fanta Weatherhead and Sharon Wood.

Christmas Giving Tree Thank You: Once again our Giving Tree was a tremendous success! A total of 130 gifts and gift cards were donated by our parishioners for the surrounding community. The count was as follows: Freedom House received 34, the Adopted Family received 5, Anderson House received 14, Good News Home received 12, and Cristo Rey (Christ Church, Trenton) received 35. Thank you to all who brought in gifts and to all the elves who helped in the initial preparation, the sorting and the distribution the gifts!

Barbara Burton

