

Trumpeter

February 2010

Church of the Holy Spirit

www.churchholyspirit.org

Love Breakfast Kicks Off 2010 Benefit Auction

Sunday, February 7

Love will be in the air at CHS on Sunday February 7. The 2010 Auction Committee kicks off this year's benefit auction by hosting the second annual "**Love Breakfast**" between services.

We **love** how our CHS family generously offers their gifts of time, talent and treasures year after year to support the auction. And we ask that you prayerfully consider making a service donation this year. Go it alone or team up with a friend or two to create a dream team package—and help make the bids go even higher!

Submit your service donation to Audrey Imhoff online at donations@churchholyspirit.org or complete the blue donation form that will be available at the breakfast. Need some ideas? Check out the auction wish list or ask Audrey Imhoff for a "service best seller" suggestion. We'd **love** to help you discover what skill or talent you have to offer!

Audrey Imhoff, Chair
2010 Auction



Shrove Tuesday Pancake Supper

Tuesday, February 16 5:30 p.m. – 7:30 p.m.

Enjoy the opportunity to indulge and feast on pancakes and celebrate the end of Mardi Gras by attending the annual CHS pancake supper. Pam and John Dlugaszewski (of spaghetti dinner fame) will be doing the cooking and our senior high youth will be setting up and serving. The cost for this festive event is \$5 for children under 12 and \$10 for adults. All proceeds will benefit youth group events, including the upcoming Spring trip to Overlook Farm in Rutland, MA.

Please show our teens your support by attending the supper.

Ash Wednesday services will follow the next day at 7 a.m., 12 noon, 4 p.m. and 7:30 p.m.

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Church FAQs: Shrove Tuesday

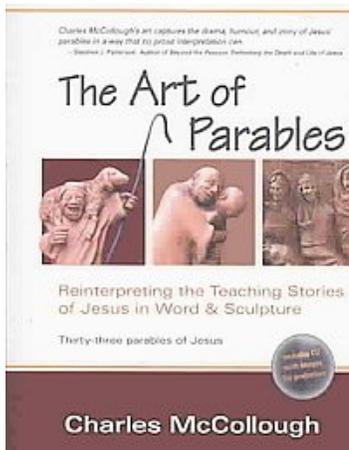
The name Shrove Tuesday comes to us from the English verb "shrive," meaning to obtain absolution for one's sins through confession and penance. Early Christians were expected to shrive (make their confessions) before the beginning of Lent, which starts the next day on Ash Wednesday.

Lent, a time for repentance and self examination, is also a time of fasting. Eating pancakes or fausnacht or pazcki on the Tuesday before the start of this major liturgical period in the church year was a good way to use up the fats, eggs and milk that would not be part of the Lenten dinner table.

From the Rector's Desk

Dear Friends,

Ash Wednesday is February 17th. This year we will be **hosting the area ecumenical worship—eight other churches will be joining us**. More than this, we will begin our **exhibit of Charles McCollough's sculptures based on the nine Beatitudes**. As we rearrange our pews for Lent, we will be sectioning off the east transept for this exhibition. Charles will be with us on Ash Wednesday at the 7:30 p.m. service to discuss his art, preach (he's a retired UCC minister), and gather with us for a light reception to follow. You can view his work online by looking at his book *The Art of the Parables*—which Amazon allows you to look through.



With Lent upon us, perhaps we might reflect upon the heart of the Beatitudes:

Blessed are the pure in heart for they shall see God.

Purity is neither innocence nor naivety. The use of the term in Scripture is often related to metallurgy and the making of the rarest and most valued commodity. The refiner's fire has removed the dross, leaving only the single element in its purest form. It is no mistake that the reward for a single heart is the sight of God. Seeing God, as the people hearing Jesus knew, was a death sentence. No one could look on God and live. Moses, we are told, shields his eyes from the burning bush on God's holy mountain. Yet here, Jesus gives us a new goal, a new reality. Having our hearts refined means having our intentions, purposes, speech and actions aligned as one single expression. There is no discontinuity in us and we are made whole; whole and holy, holy enough to see God in our lives now. Single-hearted people are rare. You know them when you meet them. They are as rare as gold and of far more value. It is a privilege to serve with many of them in this community. The best thing you can do with pure hearted people is keep them close.

Join us on Feb. 17 at 7:30 p.m. Other Ash Wednesday services will be held at 7 a.m., 12 Noon and 4 p.m. – the 4 p.m. service is for children and includes the burning of palms for making ashes.

Philip +

Greeters Ministry

Are you looking for a ministry to become involved with this year but don't have a lot of spare time? Have you ever thought about joining the **Greeters Ministry**?

Greeters are on the front lines of hospitality at CHS by welcoming visitors and members with an authentic love for what we do. Our responsibility is to ensure all who enter our church doors feel truly welcomed into our community of faith.

Being a greeter only requires a small amount of your time but can have a huge impact on the people you meet. If you have the gift of hospitality and are looking for a way to demonstrate God's love for others, join the Greeters Ministry and help contribute to the overall impression we have created at The Church of the Holy Spirit.

Forget not to show love unto strangers: for thereby some have entertained angels unawares. Hebrews 13:2

For more information please contact Joanne Shallo at Jshal7@aol.com or 908-328-2374.

Lenten Quiet Day at Calvary Episcopal Church Praying with the Prayer Book

The congregation of Calvary Episcopal Church in Flemington invites you to a Lenten Quiet Day led by The Rev. Ann Holt on Saturday, February 27, from 9:30 a.m. to 1 p.m. at the Church on Broad Street.

"Praying the Prayer Book" will explore the familiar and no-so-familiar portions of the Book of Common Prayer, finding themes for further meditation. Spend quiet time in our church, and discover new depths in the book that forms our worship. The time together will begin with Morning Prayer and end with a soup lunch.

We would love to have you join us. To register, please call Calvary's office at 782-7227.

Considering attending the **Lenten Quiet Day**? **Barbara Burton** is planning to attend and would love to have company. If you are interested in joining her, please contact her at 236-6980 or barbandsandy@embarqmail.com.

From the Deacon's Corner



Dear Seekers,

Many individuals send me e-mails and some are very good. One e-mail came through to me and at the very bottom of one, I discovered this message:

**Live simply
Love generously
Care deeply
Speak kindly
Leave the rest to God**

To me, this declaration of faith is so simple and yet so profound. Let us each try to live by this declaration of faith as we live this new year. I am going to put it on an index card so that I can see it each morning as I start my day. It will keep me focused.

I also ask for your prayers as I travel half way around the world to Cape Town, South Africa to be a presence to a variety of children. I will be visiting an orphanage, a school for young children and ten children with disabilities, and a high school with seventy-five in each classroom. I will be traveling with three men from the Tellico Village Baptist Church in Tennessee. We will be working every day until at least 3 p.m.

I especially ask for your prayers as I work with the children with disabilities. There are about 10 children in one room, ages 3 to 17 years old, with a variety of disabilities, some quite severe. There are no plans or planned activities for these children. Please pray that I can reach them and show them God's love as well as a way that they can communicate with the world.

I leave on February 15th and return on February 26th. I will be gone only one Sunday. I thank you for all your prayers and support.

I remain faithfully,
Your Deacon,

Johnine



CHS Cooking for Those in Transition

It may be hard for you to believe, but there are homeless and hungry people right here in our own back yard in Hunterdon County. IHN or Interfaith Hospitality Network of Hunterdon County, Inc., ministers to the needs of low-income, homeless families and women by providing temporary housing, meals and other needs through a network of committed congregations throughout Hunterdon County.

For the past year, several members of our church, under the direction of Joanne Warnowitz, have taken this one step further. They have been providing home cooked meals every other Tuesday for nearly 100 people. Families transitioning from homelessness to independent living pick up these meals at IHN in Flemington. One of these families is our adopted family.

What Can You Do to Help? It is easy. Just commit to making an entrée, starch, vegetable or donating fresh fruit for 8 to 10 people and bring it to church on the Sunday before the meals are due. The meals will then be individually packaged and delivered to IHN for pick up. Sign up sheets will be in the Narthex or you can call the church office.

We hope you can help in this valuable ministry by bringing your food contributions to CHS on the following Sundays: February 14 and February 28.

WORDS FROM OUR SENIOR WARDEN

My husband, John, often works with other departments sorting out their IT issues. This is a thankless part of John's job and usually the help is expected rather than requested and appreciated. As this is not his primary responsibility, John's work usually has to be put on hold while he's helping these departments. He recently spent a lot of time with another department testing system changes. John told me how surprised he was to receive a thank you note from the department manager. What a difference that kind note of appreciation made. Instead of resenting the loss of time to spend on his work, John felt that being pulled into helping another department was OK. And, perhaps he'd gladly do it again.

"Thank you," is such an easy thing to say, but so infrequently uttered. Think about the last time you really thanked somebody for doing something for you. Now, think about the last time you criticized or complained about something somebody did that you think was done poorly or not to your standard. Over the last month, which has occurred more frequently? It is certainly much easier to complain, and we are often very quick to do so. Somehow, words of thanks or praise are much harder to say. Let's work on changing that beginning right now.

We have three people who are no longer on vestry as of January 24. They are Elizabeth VanVeldhuisen, Julie Warren and Jim West. Elizabeth has been our senior warden. Julie and Jim have served on vestry in their respective positions of fund raising and property. They have all worked extremely hard to make sure that we have a vestry that performs to the best of its ability, fabulous fundraising dinners and a building that is in perfect repair. The next time you see Elizabeth, Julie or Jim, please take a minute to say, "Thanks." They deserve much more, but "Thanks" is a good start.

Liz Cannizzaro
Senior Warden

Sunday Adult Forum

The Ups and Downs of Faith

We continue the ***Spirituality of Relationships*** look at family interactions through February 14. Then, on the third Sunday of February, we will begin a new series for Lent entitled — ***The Ups and Downs of Faith***. Our Biblical passages will draw from the Exodus story for this series. This story is pivotal to the Jewish experience and therefore to Christians as well. The ups and downs Moses experienced as he led his people into the Promised Land are fascinating biography, but they also have a universal quality that can help us reflect upon the ups and downs in our own lives. So come join Anne Gabrielle on Sundays at 9:15 in the Parish Hall. You may find the Biblical version of Moses' life more fascinating than the movie!

Remember, all are welcome to participate in the Adult Forum. Each week can stand alone so come for one or more of our topics. You do not have to prepare in advance, but some may find knowing the topics and Biblical passages to be helpful.

Date	Topic	Bible Passage
2/14	Husbands and Wives	Gen. 1:27, 2:20-25, Eph 5:21-33
2/21 – Lenten series begins	Growing up in Faith	Ex. 2:1-3.1
2/28	Being Called by God	Ex. 3:2-4:20
3/14	Doing God's Will	Ex. 4:21, 7:8-11:10
3/21	Being Saved by God	Ex. 13:17-15:21
3/28	Post Salvation: Bliss, Letdown, or Looking for Jesus	Ex. 15:22-17:7, Num. 33:1-39



February 2010



Church of the Holy Spirit Monthly Planner

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 1-3pm Shawl Ministry at Edna Mahan Prison 7pm Knit & Chat	2 6am Bible Study @ Spinning Wheel Diner 1-3pm Shawl Ministry at Edna Mahan Prison 7:30pm Trinity Chorale	3 12 noon Eucharist 6:45pm Jr. Choir	4 4pm Somerset Co Jail Ministry	5 Father Philip's Sabbath	6
7 Love Breakfast between services Blessings of Birthdays & Anniversaries Food Pantry Donations 8&10am Holy Eucharist 9am Sunday School 9:30&11:30am Choir Rehearsal	8 1-3pm Shawl Ministry at Edna Mahan Prison 7pm Knit & Chat	9 6am Bible Study @ Spinning Wheel Diner 1-3pm Shawl Ministry at Edna Mahan Prison 7:30pm Trinity Chorale 7:30pm Vestry Meeting	10 12 noon Eucharist 6pm Edna Mahan Prayer Service 6:45pm Jr. Choir 7:30 Brotherhood of St. Andrew mtg	11 4pm Somerset Co Jail Ministry	12 TRUMPETER DEADLINE Father Philip's Sabbath	13
14 VALENTINES DAY Blessing of Ministries Got Change Collection 8&10am Holy Eucharist 9am Sunday School Valentine Celebration 9am Adult Forum 9:30&11:30am Choir Rehearsal	15 PRESIDENT'S DAY 1-3pm Shawl Ministry at Edna Mahan Prison 7pm Knit & Chat	16 SHROVE TUESDAY 6am Bible Study @ Spinning Wheel Diner 1-3pm Shawl Ministry at Edna Mahan Prison 5:30pm Pancake Supper 7:30pm Trinity Chorale	17 ASH WEDNESDAY Services at 7am, 12 noon, 4pm, 7:30pm 10am Lenten Book Study 6:45pm Jr. Choir	18 4pm Somerset Co Jail Ministry	19 Father Philip's Sabbath	20 10am Daughters of the King
					Ski Trip to Stowe, Vermont	
21 8&10am Holy Eucharist 9am Frenchtown Manor Scheduling Meeting 9am Sunday School & Adult Forum 9:30&11:30am Choir Rehearsal	22 1-3pm Shawl Ministry at Edna Mahan Prison 7pm Knit & Chat	23 6am Bible Study @ Spinning Wheel Diner 1-3pm Shawl Ministry at Edna Mahan Prison 4pm Communion Class "We Celebrate" 7:30pm Trinity Chorale	24 10am Lenten Book Study 12 noon Eucharist 6:45pm Jr. Choir	25 4pm Somerset Co Jail Ministry 6:30pm Lenten Soup Supper & Program	26 Father Philip's Sabbath	27 9:30am-1pm Lenten Quiet Day at Calvary Episcopal Church
Ski Trip to Stowe, Vermont						
28 8&10am Holy Eucharist 9am Sunday School & Adult Forum 9:30&11:30am Choir Rehearsal						

IMPORTANT DATES TO REMEMBER....

- April 2 - Good Friday
- April 24 - Auction
- May 2 - Trinity Chorale Concert

AA Meetings are held at Church of the Holy Spirit on the following days/evenings:

- Women - Thursdays 7:00 p.m.
- Men & Women - Mondays 7:30 p.m.
Saturdays 8 a.m. & 9 a.m.

The Mission of the Church of the Holy Spirit is to know Christ as we serve others, proclaim His love, and grow in His Spirit.

ADULT FORMATION EVENTS

Lenten Soup Suppers & Study of the Beatitudes

Join us on Thursday evenings for a new twist on the Beatitudes. Artist Charles McCollough will use his 16" by 16" hand sculpted tiles of each of the nine Beatitudes as a focus for the study. We will start with a light soup supper from 6p.m. to 7 p.m., followed by the program (7 p.m. to 8:30 p.m.). The study will begin on Ash Wednesday, February 17 and continue for the next 5 weeks on the Thursday evenings of February 25th, March 4, 11, 18 & 25th.

Lenten Book Study – Wednesday Mornings

The Lenten book study will begin on Wednesday, February 17th at 10 a.m. and continue throughout Lent on Wednesday mornings at 10 a.m. We will be reading and discussing Blessed is She, Living Lent with Mary by Tim Perry. "This book liberates Mary from her Christmas captivity and presents her as a model disciple who guides us on our Lenten journey." The book contains a study for each week of Lent. If you are interested, please contact Wendy Hallstrom at whallstrom@comcast.net or 713-1191. The book cost is \$10. A sign-up sheet may also be found in the Narthex.

Senior High Youth Group Activities

LOCK IN, Friday, February 5 to Saturday, February 6

Arrive at 8 p.m. with pick up at 8 a.m. Saturday morning. Games, food and activities with Fr. Phil. Bring friends and food /drinks to share. Chaperons needed. Contact Anne Simpson at aesimpson2000@yahoo.com.

Serve at the **SHROVE TUESDAY PANCAKE SUPPER** **Tuesday, February 16th, 5:30 p.m. - 7:30 p.m.**

Teens to arrive at 4:30 p.m. to help with set up.

STOWE SKI TRIP, February 19 - 21

The trip includes:

- 2 day ski pass to Stowe
- 2 nights hotel accommodations
- 2 Breakfasts, 1 Dinner
- Indoor swimming pool
- Motor coach transportation
- Pizza on route home

Great time! Sign up NOW as trip is almost full. Contact Anne Simpson at aesimpson2000@yahoo.com.

SAVE THE DATE – April 30 - May 2

We will be going to Overlook Farm in Rutland, MA, the **Heifer International Learning Center**. Teens will learn about world hunger and experience life in their Global Village in habitats from Guatemala, Tibet, rural Maine.

CHILDREN'S EDUCATION

Sunday School News

Sunday School Lessons

to Focus on Sacrament & Worship Topics

Beginning in February, the focus of the Sunday School lessons will change from New Testament themes to Sacrament & Worship topics. This year, the children will delve into Baptism for 5 weeks. Ask your children if they understand why this year's study is called the Shell year (the shell is a symbol of Baptism). Also, discuss what they learned about Baptism – you might learn something new yourself! Following the study of Baptism, the focus will move to Holy Week and Easter.

This year, St. Valentines' Day falls on Sunday. We would like one or two parents to volunteer to provide a special Valentines treat for each class. Please contact Wendy Hallstrom at whallstrom@comcast.net or 713-1191 if you would like to volunteer.

Sunday School Director Position is Still Open

We are still in need of a Sunday School Director to oversee our children's religious education program. The Director's job is to oversee the Sunday School program for pre-school through 8th grade (when there is no Confirmation class). This includes making sure the teachers have the materials and support they need to run their classes, to help find substitutes for classes when needed, manage the children's enrollment, organize the fun events held throughout the year, and communicate happenings through the Trumpeter and the Sunday Bulletins. The Director does not teach classes (unless he/she really wants to). The curriculum is already in place and minimal work is required for the remainder of this school year. Please contact Wendy Hallstrom at whallstrom@comcast.net or 713-1191 if you are interested in this fun and rewarding opportunity!

Vacation Bible School

Needs Director to Lead Program

Even though we are in the middle of the winter, it is time to plan for summer fun. We would like to bring back our Vacation Bible School program this summer, and are in need of a Director. The Vacation Bible School Director chooses the program we purchase (which includes everything needed for the week), chooses the week we hold the program, recruits volunteers, and makes sure the week runs smoothly. Anyone who loves arts & crafts should consider volunteering to run the craft portion of the week. Based on past experience, you'll need a little extra advance time to order the craft supplies. If you are interested in being either the VBS Director or crafts teacher, please contact Wendy Hallstrom at whallstrom@comcast.net or 713-1191.

VESTRY & STAFF – 2009

Vestry:	Rector	Philip Carr-Jones	236-6301	philip@churchholyspirit.org
	Senior Warden	Liz Cannizzaro	782-9875	jemcan1@comcast.net
	Junior Warden	Sally Bird	735-0094	s.j.bird@att.net
	Finance	Sally Bird	735-0094	s.j.bird@att.net
	Stewardship	Katie Gnash	638-8875	katiegnash@gmail.com
	Fundraising	Audrey Imhoff	284-2523	audrey_imhoff@comcast.net
	Evangelism	Joanne Shallo	328-2374	jshal7@aol.com
	Communications	Cecilie Bulcha	236-2612	cecilie_bulcha@hotmail.com
	Community Events	Maureen Hanley	236-0791	maurhan@embarqmail.com
	Property	John Higgins	638-5645	higginsj24@comcast.net
	Christian Formation	Wendy Hallstrom	713-1191	whallstrom@comcast.net
	Pastoral Care	Judy Emmitt	236-2156	judyemmitt@yahoo.com
Staff:	Administrative Assistant	Linda Romanoski	236-6301	admin@churchholyspirit.org
	Deacon	Johnine Byrer	333-5000	deaconjb@gmail.com
			399-4170	(cell)
	Director of Music	Chris Williams	238-0178	music@churchholyspirit.org
	Sunday Sexton	Julianne Grillo		
	Cleaning Service	A-Plus Cleaning and Maintenance Systems, Inc		
Volunteer Staff:				
	Acolyte Master	Jeff Decker	713-9273	jadecker@ptd.net
	Altar Guild Directress	Sue Landgraf	638-4341	landgraf5@yahoo.com
	Christian Service Coordinator	Johnine Byrer	968-0879	deaconjb@gmail.com
	CHS News Editor	Carol Montgomery	713-0357	Montgomery_737@yahoo.com
	Coffee Hour	Maureen Hanley	236-0791	maurhan@embarqmail.com
	Daughters of the King	Wendy Hallstrom	713-1191	whallstrom@comcast.net
	Director of Christian Education	TBD		
	Memorial Garden	TBD		
	Missioner to Christ Church	TBD		
	Pledge Clerk	Sally Bird	735-0094	s.j.bird@att.net
	Pianist/Organist (8 am)	Greta Tump	236-2094	gretatump@yahoo.com
	Prayer Chain	Barbara Burton	236-6980	barbandsandy@embarqmail.com
	Treasurer	Debby Canty	236-2776	dcanty@northbridge.net
	"Trumpeter" Technical Editor	Shari Lynn	735-4518	shari4374@aol.com
	Usher Captain (8 am)	Carol Crawford-Jones	735-4510	carolcj@prolog.net
	(10:15 am)	John Tevebaugh	832-9785	jteve1@comcast.net
	Vestry Recording Secretary	Jane Roxbury	534-6146	jroxbury@pingry.org
	Webmaster	David Dabour	995-7114	dabour@gmail.com
	Worship Coordinator	Marge Keller	713-0724	MKeller@mscnj.com
	Worship Schedule	Sharon & John Wood	713-0963	jwsdwood@comcast.net
	Youth Group Co-Presidents	Sarah Decker	713-9273	jadecker@ptd.net
		Bailey Mattison	730-6541	bmattison2010@gmail.com

Update on 2010 Pledging

Thank you for your 2010 pledging generosity to the Church of the Holy Spirit. I have received 83 pledges totaling \$191,258. When compared to 2009, our 2010 pledges are less than 2009 in both number of pledges and pledging total. It is not too late to designate a pledge for 2010. Just send me an e-mail at s.j.bird@att.net or put a note in my mailbox at Church. Please also contact me with any questions you may have.

2010 giving envelopes are available in the Narthex. Giving statements for 2009 are ready for pick up in the Narthex also.

Sally Bird
Pledge Clerk

Holy Spirited Meals

The freezer located in the St. Martin Room is stocked with tasty homemade meals. Sometimes we forget that even minor surgery can keep us from shopping and preparing a decent meal. Individual and family meals can be delivered, obtained by calling the church office or Judy Emmitt at 236-2155, or taken from the freezer when needed.

January Breakfast kicks off the New Year



Many thanks to the January 3 breakfast team for preparing a wonderful breakfast: Wendy and Kevin Hallstrom, Jean Wallace, Jo and Gil Quinton, and Gil's daughter and her husband, Debbie and Angelo Sigismondo.

The spotlight goes to Jo and Gil's homemade sausage and Kevin's perfectly cooked, over-easy eggs. The French toast, scrambled eggs, scones, coffee cakes, juice and cereal complemented the sausage and eggs. We appreciate the January team for giving their time and talent to host our first breakfast of 2010. Thank you from all of us.

Carol Crawford-Jones

PULSE OF THE PARISH

Heartfelt Sympathy to the Wilson Family on the death of our friend and parishioner Carolyn Wilson – wife, mother, daughter and sister-- on December 21, 2009. She is sorely missed. *May the dear departed rest in peace.*

Welcome to Holly and Josh Masenior of Washington, NJ who worshipped with us recently.

Congratulations to Cathy Cabe on the birth of a new grandson, Grant Livingston Baker, who was born on January 11th—weighing 7 pounds 8 ounces. He joins big sister Grace.

Also **congratulations** to Mary and Gary Scott on the birth of grandson Brendan Thomas Scott who was born on January 13th—weighing 9 pounds 9 ounces. He joins big sisters Ashley and Emily.

The New Photo Directory is now available and distribution started at the Annual Meeting. The copies are labeled (in the upper right hand corner) for those whose pictures were taken and appear in the Directory. The remaining copies will be available on Sundays and through the Church Office. For those who did not have their photos taken, currently there are a limited number of copies available; however, additional copies will be ordered.

Barbara Burton



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908-399-4170

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